

## Weekly Planner - 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
9.00am	29.01.2018 Cooking		Hero's Journey - brain injury education	Menzshed	Women's Group
10.00am	26.02.2018 Healthy living sessions	Stroke Men's Group 10.00am	Social Club (fortnightly or as required)		TBI Men's Group
	9.04.2018 Woodturning (Hastings)				
		Morning		Break	
10.30am		Stroke Men's Group	Aphasia Project Team	Ceramics (EIT - D Block)	Women's Group
12.00			Art (EIT - D Block)		TBI Men's Group
		Lunch			
1.00pm		Confident Communication Reading a Smile		Gym (Pettigrew Green Arena)	Sports (Hastings Sports Stadium Railway Road)
2.00pm		Gym (Pettigrew Green Arena)			
3.00pm		Gym Weekly staff meeting 3.00pm		Gym	Sports

**Individual client programmes run throughout each day.**