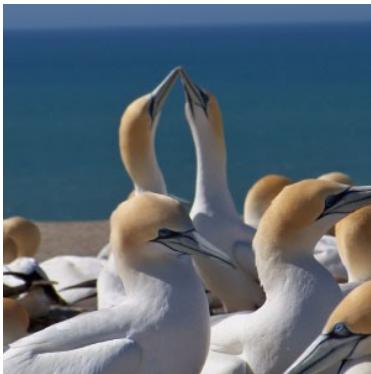


Strive Rehabilitation @ Hawke's Bay

# Day Trip Week

Monday 1st October  
to  
Friday 5th October



# Day Trip Week

Strive Rehabilitation @ Hawke's Bay is very excited to bring to you 'Day Trip Week'. To **include more of our clients** this year, we have decided to organise **day trips** around **Hawke's Bay** rather than staying in accommodation overnight.

This booklet includes details of:

- Dates
- Cost
- Transport
- Forms
- Daily itinerary
- Contact numbers
- Day Trip Week Guidelines

## Dates

Monday 1st October to Friday 5th October.

2018 OCTOBER						
SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

www.free-printable-calendar.com

## Information Booklet

Please read through this information booklet carefully as it contains everything you need to know about 'Day Trip Week'.

Read what is happening each day and you can choose which days you would like to take part in.

You might choose one day, three days or all five days, it is up to you.

Just note if you pick a day, you have to participate in the **whole day**, not just the morning or afternoon.



## What do I do next?

An itinerary for each day will go on the noticeboard with a list under it. Please write your name on the list(s) under each day you would like to sign up for.



So if you would like to sign up for Monday, Wednesday, Thursday, please write your name on the lists for Monday, Wednesday & Thursday.

There is a limited number of seats on the bus so it is first in, first served. If you are interested, sign up to avoid disappointment.

The final date for names is **Friday 21st September**.

## Cost

The cost is \$20.00 for each day.

So if you want to join for:

- 1 day = \$20.00
- 2 days = \$40.00
- 3 days = \$60.00
- 4 days = \$80.00
- 5 days = \$100.00



Payment can be made by cash, cheque or internet banking by **Wednesday 26th September**.

**Cash or cheques** are to be given to **Kim Herd**.

**Internet banking**, please leave your first name in Particulars, surname in Code and the days you want to sign up for in the Reference eg.

**Bank:** Westpac

**Account Name:** Stewart Centre Social Club

**Account Number:** 03 0698 0545001 00

**Particulars:** First Name eg. Jo

**Code:** Surname eg. Blogs

**Reference:** 1,3,4,5

# Transport

We will be travelling by bus using WBL Bus & Coach (Waipawa Buses).

The bus will be **departing** from and **returning** to EIT every day.



## Monday (1st October)

8:30 am—Be at Strive Rehabilitation @ Hawke's Bay

9:00 am—Bus departs

## Tuesday & Wednesday (2nd & 3rd October)

9:00 am—Be at Strive Rehabilitation @ Hawke's Bay

9:30 am—Bus departs

## Thursday (4th October)

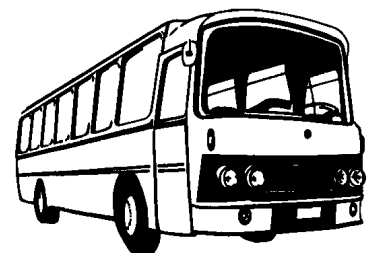
8:00 am - Be at Strive Rehabilitation @ Hawke's Bay

8:30 am - Bus Departs

## Friday (5th October)

10:00 am—Be at Strive Rehabilitation @ Hawke's Bay

10:30 am—Bus departs



See the return time for each day on the itinerary.

**If you are using your own transport,  
please talk to Kim Herd first.**

# Forms

**Consent forms & Medication forms** will be given out to all participants in 'Day Trip Week'.

These are to be filled in, signed and returned to Kim by **Friday 28 September**

**If Kim doesn't have your completed forms, you will not be participating in 'Day Trip Week'**



**Incident Forms**—Any incidents/injuries need to be reported to staff.

**Evaluation Form**—All participants will be asked to complete an evaluation form after 'Day Trip Week'.

If you have any **questions**, please contact **Kim Herd**

Phone **(06) 830 1254 (DD)**

email **[kim.herd@strivehb.org.nz](mailto:kim.herd@strivehb.org.nz)**

# Day Trip Week Guidelines

1. NO DOUGH, NO GO



2. **ALL FORMS**, SIGNED, SEALED & DELIVERED



3. **NO BORROWING** MONEY



4. SOCIAL **DRINKING** AT **LUNCH OUT** ONLY



5. LET STAFF KNOW IF YOU ARE GOING SOMEWHERE



6. TREAT OTHERS HOW YOU WOULD LIKE TO BE TREATED



7. PRESCRIBED MEDICATION ONLY



8. BEST MANNERS AT ALL TIMES



9. WHAT HAPPENS ON DAY TRIP WEEK, STAYS ON DAY TRIP WEEK





# Monday 1st October—Day 1

Be at EIT at **8:30 am**, the bus departs at **9:00 am** as we head to **Central Hawke's Bay**.

First stop is **Central Hawke's Bay Settlers Museum** in Waipawa.

This area is **rich in history**, Waipawa being one of the **oldest** inland towns in New Zealand. Take a step into the **everyday life** of the **early settlers**. The varied collections are displayed in an authentic way so visitors can imagine what life used to be like.



After a picnic lunch we'll be going to **Oruawharo Homestead & Gardens** in Takapau for **High Tea** and Oruawharo owners **Dianne and Peter Harris**, will introduce us to the **history** of their home.

Afterwards we can wander and view **the extensive gardens** and private collection of **art & antiques**.

We'll be **back at EIT** approximately **4:00pm**. We will confirm the time closer to the day.



*At the turn of the nineteenth and twentieth centuries, Oruawharo was the regular meeting place of some of New Zealand's leading social and political dignitaries.*

## Tuesday 2nd October—Day 2

Be at EIT at **9:00 am**, the bus departs at **9:30 am**.

Growing fruit, particularly apples, is a vital part of Hawke's Bay.

We are going to start off the day with a guided tour of **Mr Apple Packhouse** in Whakatu. The packhouse won't be running as it is the wrong time of the year but this makes it perfect for us as it won't be busy.

If time allows the tour also includes a look at one of the local **apple orchards**.

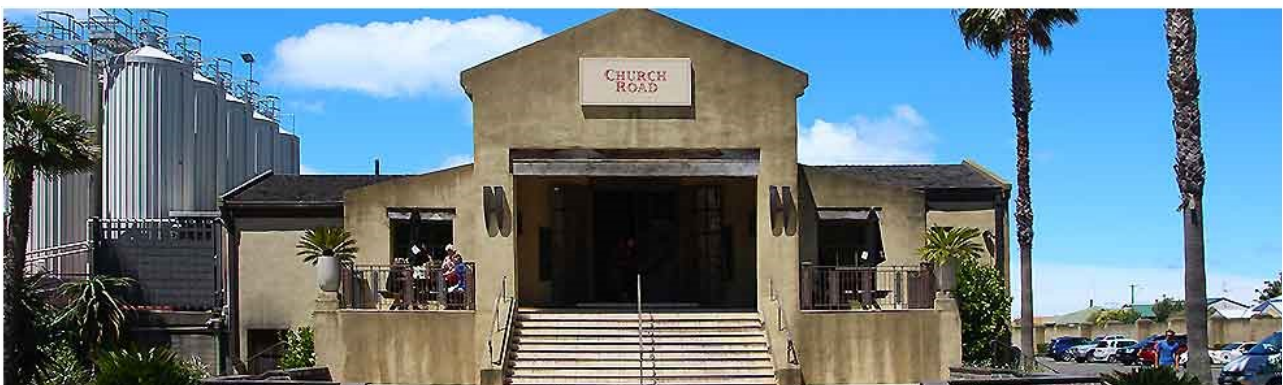


After a picnic lunch we'll be having a tour of **Church Road Winery** in Taradale—a tour of the winery and museum.

Hawke's Bay is recognized around the world for its award winning wines. Church Road is one of the oldest wineries in New Zealand

with over **120 years** of winemaking experience, it is one of Hawke's Bays most awarded wineries.

We'll be **back at EIT** approximately **3:00 pm**. We will confirm the time closer to the day.





## Wednesday 3rd October—Day 3



Be at EIT at **9:00 am**, the bus departs at **9:30 am**.

If you love ice cream like most Kiwis do, you'll know about **Rush Munro's**. They're New Zealand's oldest ice cream maker and have been hand crafting 100% natural ice cream since 1926.

We'll have a tour of the Rush Munro's factory and see how the ice cream is made.

Then we'll go to the **Ice Cream Garden** where you can choose from over 30 award-winning ice cream and sorbet flavours.



**Fish & Chips** for lunch at **Cornwall Park** which is Hastings' oldest and most established park.



We have always had some shopping time during the annual trips so why not have it in 'Day Trip Week?'

We will go to **K-Mart** in Hastings. As well as K-Mart, there is :

- Bay Plaza Pharmacy
- Number One Shoes
- Bookshop
- coffee at Muffin Break & more

## Thursday 4th October—Day 4

Be at EIT at **8:00 am**, the bus departs at **8:30 am**.

Today **Cape Kidnappers Overlander** will take us to Hawke's Bay Cape Kidnappers **Gannet Colony**—the world's larger, most accessible Gannet nesting place.

We will be taken to within a few feet of these remarkable birds - there is **no walking required!**

During the drive we will go through Cape Kidnappers Station, Riverbeds, broad rolling pastures, native bush, steep gullies and breathtaking inclines.

The 36km, **three hour trip** includes a commentary by the guide/driver on the farming operation on Cape Kidnappers Station, local Maori legend and an introduction to the gannets.

**Please note—There are no toilet facilities available for the duration of the 3 hour tour - toilet facilities available only at our tour departure point.**



After the tour we will have a **picnic lunch** then a friendly **game** of cricket, Kubb, petanque or something similar.

Or, if you prefer, you can get a coffee at **Clifton Café** (at your own cost).

We'll be **back at EIT** approximately **3:00 pm**. We will confirm the time closer to the day.



## Friday 5th October—Day 5

To be a part of today, you need to take part in at least two other days.

Be at EIT at **9:30 am**, the bus departs at **10:00 am**.

**The Filter Room Ale & Cider House** very generously displayed the photo's from the Photography group at the end of last year, earlier in the year.

Enjoy a delicious lunch from a selection of 3 mains and 3 desserts. Buy your own drinks.

### **Social drinking please**

We'll be **back at EIT** approximately **3:00 pm**. We will confirm the time closer to the day.

